COVID-19 SAFETY GUIDELINES
(Updated as of January 29, 2022 and subject to change)

American Repertory Ballet (ARB) and Princeton Ballet School (PBS) remain focused on protecting the health and safety of our community.

Since March 2020, ARB/PBS has been implementing best known practices understood and proven to prevent the spread of COVID-19. The following guidelines have been developed in consultation with medical experts, the Centers for Disease Control and Prevention (CDC), state and local health officials, and other guidelines that have been researched specific to our field of operation.

ARB/PBS safety guidelines and policies are continually reviewed by Jeffrey Grosser, Princeton Deputy Administrator for Health and Community Service.

While our organization is not able to fully eliminate risk due to COVID-19, we aim to keep students, families, and our employees as safe as possible. We continue to evaluate our processes, adapt as needed, and want to emphasize the shared responsibility of our community as we continue to operate safely.

POLICIES & PROCEDURES

WELLNESS CHECKS

Check 1: Before arriving at the studio each day, parents/guardians should conduct a wellness and temperature check. All students should remain home if they are not feeling well or have a fever of 99.5 or higher.

Check 2: Temperature and visual wellness checks will take place when students arrive at the School. Checks will be conducted safely and respectfully with a non-contact digital thermometer.

If a student is showing signs of illness or has an elevated temperature of 99.5 degrees or higher, the student’s guardian will immediately be called to take the student home.

An isolation area has been identified at each facility in the event a student requires isolation as a result of illness. Plans for supervising a child in the isolation area will be in place to ensure safety while arranging for transport home.
SOCIAL DISTANCING GUIDELINES

All programs are in-person, unless otherwise noted, with a teacher and an accompanist in each studio. A virtual option is available for all levels. If you do not feel comfortable with in-person instruction at any time, you may elect to shift to online classes through Zoom. Make-up classes may be taken on Zoom only.

- There will be no hands-on corrections.
- Students must adhere to social distancing guidelines.
- To lessen the amount of people in our buildings at any given time, some administrative staff may work remotely until further notice.

SYMPTOM CHECKS

Parents and guardians are required to report any symptoms of illness and keep their symptomatic child(ren) home. Any student showing symptoms of illness will not be allowed to enter any ARB/PBS facility. If symptoms or illness occur on site during the day, students should tell the teacher immediately.

POSITIVE CASES

Anyone with a confirmed positive test must report it to Dan Bauer by emailing dbauer@arballet.org or calling (609) 921-7758 and may not return for 10 days from the date of the positive test result OR the date of the onset of symptoms. There is no “testing out” of a positive case for Princeton Ballet School students.

CLOSE CONTACT

Any UNVACCINATED person that has been informed that they may have been exposed to COVID-19 within the last 14 days should stay home and test 5 days after the date of known exposure.

Any VACCINATED person that has been informed that they may have been exposed to COVID-19 within the last 14 days may return to the studio if they remain asymptomatic, fully masked at all times, and test 5 days after the date of known exposure.

ACADEMIC SCHOOL OR PARENT WORKPLACE CLOSURES
If a student’s academic school closes due to COVID-19 cases, or a parent or guardian’s workplace closes due to COVID-19 cases, the family needs to inform PBS immediately. Please email Dan Bauer (dbauer@arballet.org) the school/workplace protocol and to discuss the procedure for returning to ARB/PBS.

MASKS
Face coverings are required in the studio regardless of vaccination status. We strongly urge all students and employees to wear a high-grade mask, such as a N95, KN95 or KF94, or a double mask with a surgical mask under a cloth mask. The mask may be removed only to exchange for a new mask, to drink bottled water, or to take a break near an open window. Students are required to provide their own masks and are encouraged to bring more than 1 mask to the studio each day.

Visitors, family and/or friends, will not be allowed in the School lobby or studio areas; only authorized employees and students may enter to minimize the number of people in the facility.

FACILITY OPERATION AND CLEANING PRACTICES
The following sanitizing and safety procedures will take place before our facilities open at the beginning of each session, and will continue to occur on a regular basis:

All locations will have a thorough cleaning and disinfecting before the start of classes and daily enhanced professional cleanings using EPA certified products.

Each location will have a sanitizing station as you enter the building, in the hallways, and in the studios.

Faculty or staff will disinfect barres after each class, before the next one begins.

Bathrooms will be cleaned and sanitized often.

Hand washing reminder signs will be placed by all sinks as well as adequate supplies of soap and paper towels.

Frequently touched surfaces, including door handles, will be wiped throughout the day, in addition to the regular cleaning schedule. Floors will be cleaned on a regular basis.
Break rooms, dressing rooms, and showers will be unavailable for use.

Windows may be open in studios, weather permitting, to allow for increased fresh air circulation.

Heating and ventilation (HVAC) systems have been assessed, include fresh air components, and have received COVID mitigation cleanings and ionizer purification systems for greatest efficiency.

Any non-touch water bottle filling station may be used, but water drinking fountains will not be available. Students are encouraged to bring their own water bottles.

**DROP OFF PROCEDURE**

Signage will be displayed at the entrance of all locations regarding COVID-19 sanitation procedures, social distancing guidelines, and notice of all temporarily closed areas.

Students should arrive wearing their dance attire.

**Princeton Studio Location:**
Please do not wait in your car in the circle. The circular driveway is only used to drop off and pick up when it does not block the flow of the Shopping Center traffic. Parents are encouraged to park in the parking lot.

**Cranbury Studio Location:**
There is ample parking in the back of the studio. The door on Main Street will not be open.

**New Brunswick Location:**
Metered parking is available, or parents may park in a nearby lot and walk students to the main entrance.

**Visitors, family and/or friends, will not be allowed in the School lobby or studio areas.** Only authorized employees and students may enter to minimize the number of people in the facility.

**IMPORTANT REMINDERS**
All students must follow ARB/PBS Safety Guidelines to help protect the health of our School students, families, employees, and the greater community.

If a family or student does not feel comfortable with these guidelines, Princeton Ballet School offers a virtual option to accommodate at-home learning through online classes.

Princeton Ballet School recommends that students age 5 and up get their primary series of COVID-19 vaccines, and receive a booster dose when eligible.

**SUGGESTED TESTING SITES**

**New Brunswick Performing Arts Center**
11 Livingston Ave., New Brunswick
Tuesdays 9:00 AM-12:00 PM

Non-invasive nasal swab COVID-19 Testing at no cost. Rapid tests or PCR tests are available. Testing will be provided by the New Jersey Department of Health. This clinic is made possible in collaboration with New Brunswick City Center, NBPAC, and Rutgers Global Health Institute.

**Princeton Alliance Church**
20 Schalk Crossing Road
Plainsboro NJ 08536
Monday through Friday
8:00 AM-4:00 PM

Presented in partnership with Penn Medicine, Plainsboro Township, Carbon Health, and Flow Health to provide free, accessible, reliable COVID-19 testing for anyone who may need or want to be tested. This is a PCR test with 48-hour results.
Princeton Family YMCA
59 Paul Robeson Place
Princeton, NJ 08540

Seven days per week
9:00 AM - 4:00 PM

Available from Express Med Care at Princeton Family YMCA on the lower level of the building, with outdoor tents for individuals to wait and be physically distanced. Appointments are recommended as there are limited walk-in appointments available. Those who don't have insurance to cover the test can receive a test at no cost. For more information or to make an appointment, visit Express Med Care or call 908-335-9160.

For additional testing locations and information on COVID-19 testing in New Jersey, visit covid19.nj.gov/testing.

Questions or concerns? Please contact:

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